



December—January

The Bersted Buzz



What's on at Bersted Jubilee Hall
Subject to change, please call
01243 842221.

Mondays:

Pilates-Jane 12 - 1pm
U3A beginners Astronomy 11 Dec/8 Jan 2—4pm

Tuesdays:

Mother & Toddler Group 10 -11.30am
Nicki Baby Yoga (Meeting Room) 10-11.30am
Tai Chi (term time only) 12.30—1.30pm
Tai Chi Beginners 2—3pm
U3A History Group 12 Dec/30 Jan 2 -4pm
Council Committee Meetings 7pm

Wednesdays:

Aerobics - Jane 10-11am
Pilates—Jane 11-12pm
Carpet Bowls 2-3.30pm
Pilates—Cordelia 6—7pm
Yoga & Holistic Health (Meeting Rm) 6.30—8.30pm

Thursdays:

Yoga 12.30—2pm
U3A Camera Club 7 Dec 2.30-4.30pm
NBWI 14 Dec/11 Jan 2.15 - 5pm
Jump to Fit (Meeting Rm) 6.30-7.30pm

Friday

Happy Heart Toddler Group 9.30-11am
Nicki Baby Yoga (Meeting Rm) 9.30—11.30am
Kerry Lane Pilates (Meeting Rm) 11.45—12.30pm
Carpet Bowls 2—3.30pm

Saturdays:

Bognor Regis Art Society 20 Jan 2 - 5pm

Sundays:

Open Heart Church Group 10—2pm

Tea & Coffee Club

Monday 18 December 2 - 4pm
Carols with Arun A Cappella and Music from
Dave Harris

Monday 15 January—2 - 4pm

Councillor Vacancies

Why not Join Bersted Parish Council?

We are looking for 2 new Parish Councillors—
could it be you?

If you are interested contact the clerk on 01243
842221 or email: clerk@bersted-pc.gov.uk

 **Bersted Parish Council wish you all a**
Happy Christmas and New Year. 

Bersted Parish Council public meetings start at
7pm on a Tuesday.

DECEMBER

Planning— 5 December
Council— 12 December

JANUARY 2024

Planning 9 January
Council 16 January
Community Action— 23 January
Finance 30 January

WSSC Household Support Fund

How the Household Support Fund scheme sup-
ports vulnerable households in need of help with
the significant increase in the cost of living.

Local councils have been allocated funding by
the Department of Work and Pensions to support
residents in need across the county.

The expectation is that the fund should be used
to support households in the most need, particu-
larly those who may not be eligible for the other
support Government has recently made availa-
ble, but who are nevertheless in need and who
require crisis support. Support includes:

- **an amended energy price guarantee from April 2023**
- **up to £900 in cost of living payments for those on eligible means tested benefits**
- **£150 disability cost of living payment**
- **a one-off £300 pensioner cost of living payment (through the winter fuel payment).**

This list is not exhaustive and there may addi-
tionally be households that are vulnerable to ris-
ing costs, despite being in receipt of this Gov-
ernment support with the cost of living, including
families with children of all ages, pensioners, un-
paid carers, care leavers and disabled people.
Any households who would like further details,
or believe they meet the criteria, can apply via
the Community Hub application-based element
of the scheme.

Funding continues to be allocated to support
children in receipt of term-time free school meals
with vouchers for the holidays.

Funds are distributed in partnership with other
organisations including Citizens Advice, Carers
Support West Sussex and food and fuel banks to
ensure a wider community reach.

Further information on the Government's re-
sponse to the cost of living is available
on GOV.UK.

Find information on West Sussex County Coun-
cil's response to the cost of living.