SEPTEMBER



The Bersted Buzz



What's on at Bersted Jubilee Hall Subject to change, please call 01243 842221.

Mondays:

Pilates-Jane 12 - 1pm U3A beginners Astronomy 12 Sept 2—4pm 4.30-6.30pm **Martial Arts**

Contact 07961 761185 or

www.rawlingsmartialarts.academy

7 - 10pm Arun A Cappella

Tuesdays:

Mother & Toddler Group 9.30-11.30am Tai Chi (term time only) 12.30—1.30pm Tai Chi Beginners 2—3pm U3A History Group 27 Sept 2 –4pm **Council Committee Meetings** 7pm

Wednesdays:

Aerobics - Jane 10-11am Pilates—Jane 11-12pm **Carpet Bowls** 2-3.30pm Pilates—Cordelia— 6—7pm

Thursdays:

12.30—2pm Yoga 2.30-4.30pm U3A Camera Club 1 Sept **NBWI** 8 Sept 2.15 - 5pm

Friday

Happy Heart Toddler Group 9.30-11.30am Carpet Bowls 2 -3.30pm

Saturdays:

Yoga -healthy lower backs -11.30-12.45pm Call Dominique 07756 315637

Bognor Regis Art Society 17 Sept 2 - 5pm **Sundays:**

Open Heart Church Group 10—2pm Table top sale 4 Sept 3—5pm

contact: alisonbarnham@yahoo.com or call

07795162521 for details

Meet your Councillor—Councillor Stands:

14th Sept 11am-1pm Bersted Green Hub, Hazel Road.

25th Sept 11am-1pm Shripney Near Barn Lane—Service Road Grass Verge

Bersted Parish Council public meetings start at 7pm on a Tuesday.

SEPTEMBER

Planning—6 Sept Council— 13 Sept Community Action—20 Sept Finance—27 Sept

Litter Pick Schedule around the Parish



Sunday 11 September @1pm—Romney Broadwalk and Van Gogh Place Sunday 9 October @ 1pm—Bersted Park Contact—k.greenway@bersted-pc.gov.uk

Look out for posters of where to meet, all welcome to join, equipment will be provided

Bersted Green Hub—Hazel Road

Community Centre is open Monday – Friday 9am - 3pm for anyone to drop in and take part in one of the activities. Please see their Facebook page—

https://www.facebook.com/Bersted-Green-Hub for the updated timetable.

Tea & Coffee Club new day and time **Every 3rd Monday of the month.**

> **Monday 19 September** 2—4pm

Hoy Bingo & Quiz

